

glow

# The Keys Project

## Domestic Abuse Prevention Programme Derbyshire

We can stop abusive behaviour in its tracks. If someone wants to change, we can work with them to transform their behaviour and unlock healthier relationships.



# The Keys Project

**An accredited programme by Respect designed to promote long lasting changes in behaviours and attitudes.**

The Keys Project is a group programme, tailored specifically for men who genuinely want to stop being abusive towards intimate partners.

The 30-week programme is delivered as five six-week mandatory modules, which include additional suitability, midway and exit one to one sessions.

Participants will be supported to recognise the difference between a healthy and unhealthy relationship, take accountability for their behaviours and learn to identify safer ways to deal with their emotions and actions.

Our interactive sessions are designed to help participants understand the impact of their abusive behaviour and the impact of their abuse on both their partners and children. We will equip them with the skills for healthier relationships and positive parenting to ensure we achieve our main aim which is the safety and welfare of victims and survivors of domestic abuse.

Find out more about this programme by contacting our team by email [thekeysproject@findtheglow.org.uk](mailto:thekeysproject@findtheglow.org.uk) or by completing a referral form on our website:

**[findtheglow.org.uk/thekeysproject](https://findtheglow.org.uk/thekeysproject)**

## **Their journey, their choice.**

We understand that it can be difficult for people to talk about their abusive behaviour. That's why we are here to offer skills and knowledge to enable them to make that change.

## **Other support available**

### **ISS (Integrated Safety Service)**

In order to safely deliver the programme, The Keys Project also offers an Integrated Service of Support to partners or ex-partners of those male perpetrators engaged with our services. The ISS worker completes regular check ins and will offer a range of support which can include 1 to 1 contact, safety advice and information, signposting to other agencies, in addition to helping them build a positive support network for themselves and their children.

### **Six monthly check ins**

The end of the programme isn't the end of the support. We offer a minimum of six monthly catch ups following the programme to assist and support with long term positive change.

# Get in touch.

0330 094 5559

[thekeysproject@findtheglow.org.uk](mailto:thekeysproject@findtheglow.org.uk)

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We work as part of a Coordinated Community Response (CCR) model that brings services and partners together to make sure that we keep survivors and their families safe, hold those that use harmful behaviours to account, and address, overcome and end domestic abuse.

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